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Date: 26 November 2007

Injury leads to Cyanosis team changes

Due to a medical injury, Team Cyanosis has been forced to make a last minute change to its team composition for next month's Portugal XPD adventure race. It is with a heavy heart that Nicholas Mulder has been forced to withdraw from the team due to a stress fracture on his left tibia. With just two weeks to go until the start of the race, the clock has put heavy odds against him recovering in time, let alone being in strong form for the start of the race.

The good news is that Donovan Sims from East London has agreed to race with the team at short notice. Donovan is one of the most frequent adventure racers on the South African circuit, competing in one of the country's most competitive teams, Kinetic USN. Donovan should complement Team Cyanosis very well, as his recent result at the Eden Challenge proved, where Team Cyanosis and the remaining pair of Team Kinetic USN were the only teams to finish the 320km epic. Donovan is not only well known for his physical endurance, but also his friendly nature and superb team dynamics. His immediate acceptance of the spot in the team is a sign of his eagerness to race, whilst his renowned determination will undoubtedly help Cyanosis through to the finish.

Donovan will join the team consisting of Susan Sloan, Ryno Griesel and Arrie De Swardt. Cyanosis leave for Lisbon next week Friday, where they will spend a few days checking equipment, buying last-minute food and mentally preparing themselves for the unsupported, 4-day, 470km race that will start on Thursday 6 December.

Nicholas will still travel to Portugal with the team, joining the large media corps following the race and reporting on Team Cyanosis' progress. Armed with laptop and camera, he'll be able to provide regular reports with detailed insight of the team. Regular race updates will be available on www.ar.co.za

Team Cyanosis is proud to have the following brands as sponsors: Buff multifunction headwear, First Ascent outdoor apparel, Foodstate vitamins, Island Tribe sun lotion, Isostar sports nutrition, Petzl headlamps, Salomon footwear and backpacks and Wiley X sunglasses. Kreature.co.za outdoor and survival equipment, Lizzard wetsuits, Specialized bikes and accessories, Summit Cycles in Midrand and Suunto field compasses and wristop computers.

www.teamcyanosis.co.za

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