

[Advertise](#) | [Contact Us](#) | [Who is Lisa?](#)[Home](#) | [News](#) | [Event Calendar](#) | [Articles](#) | [Reports & Results](#) | [Clubs](#) | [Email Groups](#) | [FAQ](#) | [Links](#) | [Lisa's Blog](#)

Adventure Racing News

Know what is happening in our community

09.12.07 - Cyanosis finish 5th in Portugal

It's official. Cyanosis (Arrie, Susan, Ryno and Donovan) have finished 5th overall in the Portugal XPD race. They completed the challenging navigation-orientated >500km course in just under 80-hours. Hip-hip-hoorah!

20.11 - Donovan joins Cyanosis for XPD Portugal

We've all seen Nicholas on crutches and sadly his injury is too severe to allow him to race in Portugal at the beginning of December. Donovan Sims has been recruited to the team. He will join Arrie, Ryno and Susan for this 500km unsupported race [...more](#)

16.11 - Land Rover G4 is back

South Africa has had a good Land Rover g4 track record, especially following Martin Dreyer's 2006 overall victory. It is almost Regional and National selection time again, in preparation for the event itself, which is scheduled for 2009 [...more](#)

Headlines

Have you heard...

November 2007

- 20.11 - [Donovan joins Cyanosis](#)
- 16.11 - [Land Rover G4 is back](#)

October 2007

- 31.10 - [Kinetic USN & Cyanosis in Eden](#)
- 26.10 - [McCain 12th in Brazil](#)
- 22.10 - [McCain at EcoMotion](#)
- 11.10 - [Notes on Bull](#)
- 05.10 - [The Bull is back](#)
- 05.10 - [And Andre makes 4](#)