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One third of the places for Dec ARWS in Estoril Portugal XPD is already taken!!!

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All of the Portuguese top adventure racing teams are already registered and promises to be very serious contenders for this year's Estoril Portugal XPD Race.

An expected field of 60 teams of four will race in December's Portugal XPD in the Estoril Coast and in the West Coastal Areas of Central Portugal, with teams coming from Portugal, Spain, France, Ireland, Finland, Denmark, Brazil and many more.

Portugal XPD Event coordinator, Alexandre Silva says that this year Event will bring to Portugal many teams eager to qualify to 2008 ARWC in Brazil, namely many Latin American teams that will give the race a special taste. Also are expected a large number of Spanish teams due to the actual solid cooperation between the two countries in the development of their respective national AR Cups.

The race course and disciplines are already set and are now in final testing and includes up to 11 different sport disciplines that will allow the teams to discover and explore a very rugged and tricky terrain. This years Estoril Portugal eXPeDition will cover 450 kms of the Europe's westernmost terrain, incorporating the coastline, rivers, forests, farmland and high hills of the region.

Alexandre Silva says competitors will need to be prepared for spectacular coasteering, long and difficult forest mountain bikes, tricky orienteering, scenic paddling sections and a highly tactical race layout.

"In the Natural Parks of the region, some race stages will required a special environmental awareness by the racers in order to comply with the local conservation rules and prove AR is a fully sustainable activity for these sensitive areas. Over the years, Portugal Adventure Racers Association (APCA) has struggled and succeeds to open these natural areas to AR due to careful route planning and education of the racers."

This year's event will start with a Conference on AR, held in Cascais on Sunday, December 2nd, followed by a Clinics aimed to organizers and race staff, held in Estoril on Monday and Tuesday, December 3rd and 4th.

The 4 day, 24 hour non-stop race, will get underway on Thursday, December 6th, and will start at Estoril with the course details remaining secret until the competitors briefing on Wednesday, December 5th.

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NEWS IN BRIEF

Top teams in the Estoril Portugal XPD

- 1st place** 2nd place
Clube Praças da Armada / Portugal
- 3rd place** Team Oure / Denmark

Nike Just Do It Again

Congratulations
Nike Powerblast wins the 4th Adventure Racing World Championship.

3 races in Series completed

With 3 races completed in this calendar year and 4 last year 109 teams have qualified to apply for a position in the ARWorld Champs.

2 races in ARWorld Series finished

The first two races in the ARWorld Series for 2006 have finished. Check Homepage for info

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